



The Watertown Health Department is excited to relaunch
Watertown Walks!

~ Fall Lunchtime Series ~

Start locations listed below (walks will be cancelled if it rains)

Join us this **Wednesday, November 1st, from 12:00 - 1:00pm** for a scenic, moderate paced walk along the Charles River

Participants will **meet in Saltonstall Park** on Main Street, right next to Town Hall and across from Tedeschi's Market, at 12:00pm. Walking shoes or sneakers, and comfortable, warm clothing recommended

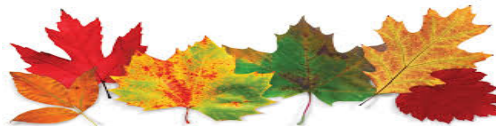
Walk Schedule:

10/25, Charles River West, Saltonstall Park

11/1, Charles River East, Saltonstall Park

11/8 Rail-Walk, Commander's Mansion

11/15, Mount Auburn Cemetery, Main entrance



Co-sponsored by:

Watertown Health Department, Recreation, and Senior Center

For more information, contact Stephanie Venizelos, Community Wellness Program Manager, svenizelos@watertown-ma.gov

LIVE WELL WATERTOWN

